



Entre Nous Femmes
HOUSING SOCIETY

Entre Nous Femmes Community Cookbook Project

Recipe Submission Form

We're collecting recipes from residents for our community cookbook! Share your favourite dish, a family tradition, or something new you love to cook. All recipes are welcome – from breakfast to dessert, simple snacks to traditional feasts. Whether it's vegetarian, meat-based, or seafood-inspired, we're excited to showcase the essence of our community's cooking. Let's fill this cookbook with flavour, love, and community spirit... and maybe a pinch of salt!

Resident Information

Name:	
Building:	Unit:
Telephone:	Email:

Your Recipe

Recipe Name:
Ingredients (please include measurements):

Instructions:

Tips, substitutions, or variations:

Story behind the recipe:

Is there a special memory or cultural tradition tied to this recipe? Please share it with us!

Add a Photo

Attach a photo of your dish, you cooking it, or your family enjoying it!

Thank you for sharing your recipe!

If you have any questions, please reach out to us at community@enfhs.ca